


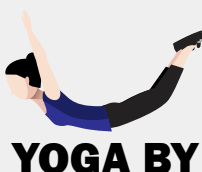



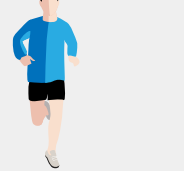


SCHEDULE NOVEMBER'21



TIME DAY	7AM-8AM	8AM-9AM	8AM-9AM	9AM-10AM	5:30-6:30PM	6PM-7PM	7PM-8PM	8PM-9PM
MON	 YOGA BY NEELAM	 YOGA BY NEELAM	 FULL BODY WORKOUT BY SHANEE	 YOGA BY PUJITA	 YOGA BY RIFIKA	 HIIT BY AHMED	 FULL BODY WORKOUT BY SHANEE	 ZUMBA BY RAHUL
TUES	 YOGA BY NEELAM	 YOGA BY NEELAM	 FULL BODY WORKOUT BY SHANEE	 YOGA BY PUJITA	 YOGA BY RIFIKA	 HIIT BY AHMED	 FULL BODY WORKOUT BY SHANEE	 S&C BY RAHUL
WED	 YOGA BY NEELAM	 YOGA BY NEELAM		 YOGA BY PUJITA	 YOGA BY RIFIKA	 HIIT BY AHMED	 FULL BODY WORKOUT BY SHANEE	 ZUMBA BY RAHUL
THUR	 YOGA BY NEELAM	 YOGA BY NEELAM	 FULL BODY WORKOUT BY SHANEE	 YOGA BY PUJITA	 YOGA BY RIFIKA	 HIIT BY AHMED	 FULL BODY WORKOUT BY SHANEE	 S&C BY RAHUL
FRI	 YOGA BY NEELAM	 YOGA BY NEELAM		 YOGA BY PUJITA	 YOGA BY RIFIKA	 HIIT BY AHMED	 FULL BODY WORKOUT BY SHANEE	 S&C BY RAHUL
SAT							 FULL BODY WORKOUT BY SHANEE	